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# **Visitor's Guide**

**Sonoma State University  
Department of Athletics  
1801 East Cotati Avenue  
Rohnert Park, CA 94928**



# SONOMA STATE UNIVERSITY

## GENERAL INFORMATION

Sonoma State University occupies 247 acres in the beautiful wine country of Sonoma County, in Northern California. Located at the foot of the Sonoma hills, the campus is just an hour's drive north of San Francisco and 40 minutes away from the Pacific Ocean.

Sonoma State University is dedicated to the liberal arts and sciences and is known for active use of technology. As California's premier public undergraduate institution, SSU has a commitment to graduating students who have the ability to think critically and ethically and can effectively use information technology. Our relatively small campus of 8,162 allows for close faculty-student interaction.

Sonoma State University is deeply committed to the teaching and learning of liberal arts and sciences. And we are proud that we have continued to develop a reputation for excellence. We were recently invited to represent California as a member of the nationwide Council of Public Liberal Arts Colleges, a group of colleges dedicated to promoting the values of superior undergraduate education in a public college setting. We think this selection is a testament to our strengths and our mission: enlightening students, growing minds, and enriching lives.

The six academic schools include the Arts and Humanities, Business and Economics, Education, Extended Education, Science and Technology, and Social Sciences. All six schools are home to several specialized academic centers and institutes.



# SONOMA STATE UNIVERSITY

## GENERAL ATHLETIC INFORMATION

The Sonoma State University Department of Intercollegiate Athletics sponsors 13 sports, 5 for men and 8 for women. The philosophy of the institution and, specifically of the athletic program, is to provide the maximum opportunity for student participation in intercollegiate athletics that staff and resources allow.

SSU is a member of the NCAA Division II and competes in the California Collegiate Athletic Association (CCAA), the premier D-II conference in the country with 145 national championships.

Over the last several years, Sonoma State athletic teams have had much success including the 2002 NCAA Division II Men's Soccer National Championship, the 2005 CCAA Men's Soccer Championship, the 2006 CCAA Men's Basketball Championship and the 2007 CCAA Baseball Championship. The Women's Basketball team has made trips to the NCAA Tournament in five of the last ten years and the women's tennis team qualified for the NCAA's for the eleventh consecutive year in 2007.

Fan support for both men's and women's soccer teams is tremendous with the men's team leading the nation in home attendance in 2003 and the women finishing third.

Location.....	Rohnert Park, CA
Founded.....	1960
Enrollment.....	8,100
Affiliation.....	NCAA Division II
Conference.....	CCAA
Mascot.....	Seawolves
School Colors.....	Navy Blue/Columbia Blue/White
Address.....	1801 East Cotati Ave. Rohnert Park, CA 94928
President.....	Dr. Ruben Arminana
Director of Athletics.....	Bill Fusco
Assistant Athletic Director/SWA.....	Yvonne Burbank
Assistant Athletic Director/Sports Information Director.....	Brandon Bronzan
Director of Special Projects/Events Manager.....	Megan Catton
Administrative Analyst.....	Nancy Crosat
Phone Number.....	(707) 664-2521
Fax Number.....	(707) 664-4104
Website.....	<a href="http://www.sonomaseawolves.com">http://www.sonomaseawolves.com</a>

# *Sonoma State University Coaching Staff*

	<u>COACHING STAFF</u>	<u>PHONE</u>	<u>EMAIL</u>
<b>Baseball</b>	Head Coach: John Goelz	(707) 664-2524	<a href="mailto:john.goelz@sonoma.edu">john.goelz@sonoma.edu</a>
	Assistant Coaches: Walter White	(707) 664-2967	<a href="mailto:waltwhite2@hotmail.com">waltwhite2@hotmail.com</a>
	Derek Bell	(707) 664-2967	
	Dolf Hes	(707) 664-2967	
	Brett Kim	(707) 664-2967	
	Gordon Smith	(707) 664-2967	
<b>Men's Basketball</b>	Head Coach: Pat Fuscaldo	(707) 664-2110	<a href="mailto:fuscaldo@sonoma.edu">fuscaldo@sonoma.edu</a>
	Assistant Coaches: Rich Shayewitz	(707) 664-2632	<a href="mailto:rich.shayewitz@sonoma.edu">rich.shayewitz@sonoma.edu</a>
	Kevin Christensen	(707) 664-2726	<a href="mailto:christek@sonoma.edu">christek@sonoma.edu</a>
<b>Women's Basketball</b>	Head Coach: Mark Rigby	(707) 664-2498	<a href="mailto:mark.rigby@sonoma.edu">mark.rigby@sonoma.edu</a>
	Assistant Coach: TBA	(707) 664-2554	
<b>Women's Cross Country</b>	Head Coach: TBA	(707) 664-2290	
	Assistant Coach: TBA	(707) 664-2290	
<b>Men's &amp; Women's Golf</b>	Head Coach: Val Verhunce	(707) 799-0712	<a href="mailto:valv@adobecreek.com">valv@adobecreek.com</a>
	Assistant Coach: Brendan Galten	(707) 364-1671	
<b>Men's Soccer</b>	Head Coach: Marcus Ziemer	(707) 664-2614	<a href="mailto:ziemer@sonoma.edu">ziemer@sonoma.edu</a>
	Assistant Coaches: Shawn Percell	(707) 664-3195	
	Matt Bernard	(707) 664-3195	
	Benjamin Ziemer	(707) 664-3195	<a href="mailto:benjaminziemer@comcast.net">benjaminziemer@comcast.net</a>
<b>Women's Soccer</b>	Head Coach: Luke Oberkirch	(707) 664-2481	<a href="mailto:luke.oberkirch@sonoma.edu">luke.oberkirch@sonoma.edu</a>
	Assistant Coach: TBA	(707) 664-3295	
<b>Softball</b>	Head Coach: Jaime Wallin	(707) 664-4054	<a href="mailto:wallinj@sonoma.edu">wallinj@sonoma.edu</a>
	Assistant Coaches: Josh Musslemen	(707) 664-4054	
	Erika Campbell	(707) 664-4054	
	Mandy Loushin	(707) 664-4054	
<b>Men's Tennis</b>	Head Coach: Steve Cunninghame	(707) 664-2657	<a href="mailto:steve.cunninghame@sonoma.edu">steve.cunninghame@sonoma.edu</a>
	Assistant Coaches: Joaquin Lopez	(707) 664-2657	
	Thomas Morton	(707) 664-2657	
<b>Women's Tennis</b>	Head Coach: Tracey Prince	(707) 664-2291	<a href="mailto:tracey.prince@sonoma.edu">tracey.prince@sonoma.edu</a>
	Assistant Coach: TBA	(707) 664-2291	
<b>Women's Volleyball</b>	Head Coach: Bear Grassl	(707) 664-2656	<a href="mailto:bear.grassl@sonoma.edu">bear.grassl@sonoma.edu</a>
	Assistant Coach: Jesse Ortiz	(707) 664-2656	
<b>Women's Water Polo</b>	Head Coach: Alicia Hansel	(707) 664-2688	<a href="mailto:arazzari@hotmail.com">arazzari@hotmail.com</a>
	Assistant Coach: Chelsea Hennan	(707) 664-2688	
<b>Athletic Training</b>	Head Trainer: Dave Orr	(707) 664-2937	<a href="mailto:david.orr@sonoma.edu">david.orr@sonoma.edu</a>
	Assistant Trainer: Bo Owens	(707) 664-4316	<a href="mailto:bo.owens@sonoma.edu">bo.owens@sonoma.edu</a>
	Graduate Assistant: Julie Miller	(707) 664-4316	
<b>Equipment Manager</b>	Willie Lee	(707) 664-2106	<a href="mailto:willie.lee@sonoma.edu">willie.lee@sonoma.edu</a>

# LODGING ACCOMMODATIONS/CAR RENTAL

## Rohnert Park

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**Doubletree Hotel\***

1 Doubletree Drive  
Rohnert Park  
Call Cindy Anton for SSU  
Athletics Room Rate  
(707) 584-5466  
<http://www.dtsonoma.com/>

**Enterprise Rent-A-Car\***

360 Rohnert Park Expy W.  
Rohnert Park  
(707) 586-5600  
[www.enterprise.com](http://www.enterprise.com)

**Best Western Inn**

6500 Redwood Drive  
Rohnert Park  
(707) 584-7435  
<http://www.bestwestern.com/>

**Good Nite Inn Rohnert Park\***

5040 Redwood Dr.  
Rohnert Park  
(707) 584-8180  
[http://www.goodnite.com/rohnert\\_park.html](http://www.goodnite.com/rohnert_park.html)

*Opening in October 2007*

**Hampton Inn & Suites**

(707) 586-8700

## Santa Rosa/Petaluma

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**Quality Inn\***

5100 Montero Way  
Petaluma  
(707) 664-1155  
<http://www.lokhotels.com/qualityinn.html>

**Hilton Sonoma Wine Country**

355 Round Barn Blvd.  
Santa Rosa  
(707) 523-7555  
<http://www.winecountryhilton.com>

**Sheraton Petaluma**

745 Baywood Dr.  
Petaluma  
(707) 283-28888  
<http://www.sheratonpetaluma.com/>

**Courtyard by Marriott**

175 Railroad Ave.  
Santa Rosa  
(707) 573-900  
[www.marriott.com](http://www.marriott.com)

**Vineyard Creek Hotel, Spa & Conference Center**

170 Railroad St.  
Santa Rosa  
(707) 636-7100  
[http://www.vineyardcreek.com/The\\_Spa/the\\_spa.html](http://www.vineyardcreek.com/The_Spa/the_spa.html)

*\* SSU Department of Athletics Sponsor*

# RESTAURANTS

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**Tres Hombres\***

151 Petaluma Blvd. South, #129  
Petaluma  
(707) 773-4500

**Boathouse Sushi\***

6287 Redwood Dr.  
Rohnert Park  
(707) 588-9440

**Outback Steakhouse\***

4619 Redwood Dr.  
Rohnert Park  
(707) 584-7161

**Las Guitarras\***

7384 Commerce Blvd.  
Rohnert Park  
(707) 792-4380

**Baker's Square**

301 Rohnert Park Expressway  
Rohnert Park  
(707) 584-3601

**Mike's at the Crossroads\***

7665 Old Redwood Hwy.  
Cotati  
(707) 665-9999

**Fresh Choice**

5080 Redwood Dr.  
Rohnert Park  
(707) 525-0912

**Chili's Bar and Grill**

4851 Redwood Dr.  
Rohnert Park  
(707) 585-9069

**El Torito\***

5090 Redwood Dr.  
Rohnert Park  
(707) 206-9100

**Olive Garden**

Rohnert Park Expressway  
Rohnert Park  
(707) 586-3607

**Sizzler**

6490 Redwood Dr.  
Rohnert Park  
(707) 585-2772

**Paradise Pizza\***

6585 Commerce Blvd  
Rohnert Park  
(707) 588-5815

**Ameci's Pizza & Pasta\***

(on campus)  
Rohnert Park  
(707) 665-8500

**Mountain Mikes Pizza\***

1451 Southwest Blvd.  
Rohnert Park  
(707) 795-4433

**Dos Amigos\***

8197 La Raza St.  
Cotati  
(707) 795-2721

**Bacchus Restaurant &  
Wine Bar, Doubletree Hotel**

One Doubletree Dr.  
Rohnert Park  
(707) 586-4679

**JK's Four Season Buffet\***

591 Rohnert Park Expy  
Rohnert Park  
(707) 588-8629

**Tubby's**

560 East Cotati Ave.  
Cotati  
(707) 792-1232

**WOLF DEN SHOPPING CENTER**

**(Located across from campus,  
on East Cotati Ave.)**

Taco Bell / Pizza Hut  
Quizno's\*  
Starbucks  
Juice Shack\*  
McDonald's\*  
7-11 Citgo

**FAST FOOD IN ROHNERT PARK**

In N' Out*	5145 Redwood Driver
Port of Subs*	350 Raley's Towne Center
Burger King*	6125 Commerce Blvd.
McDonald's*	600 Commerce Blvd.
Togo's	6325 Commerce Blvd.
Carl's Junior	6460 Redwood Drive
KFC	6700 Commerce Blvd.
Subway	1451 Southwest Blvd.
Jack in the Box	6301 Commerce Blvd.

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# POINTS OF INTEREST

## WINERIES

**Kendall-Jackson\***  
Healdsburg  
(707) 433-6521

**St. Francis\***  
Guerneville  
(707) 833-4668

**Chateau St. Jean\***  
Kenwood  
(707) 833-4134

**Kenwood Vineyards\***  
Kenwood  
(707) 833-5891

**Korbel Champagne Cellars**  
Guerneville  
(707) 887-7000

**Chateau Souverain**  
Geyserville  
(707) 433-3141

## ENTERTAINMENT/RECREATION

**Schulz Museum**  
2301 Hardies Lane  
Santa Rosa  
(707) 579-4452

**Double Decker Lanes\***  
Golf Course Dr.  
Rohnert Park  
(707) 585-0226

**Petaluma Outlets**  
2200 Petaluma Blvd.  
Petaluma  
(707) 778-9300

**Pacific Theatres**  
Rohnert Park Expressway  
Rohnert Park  
(707) 586-0555

**Santa Rosa Plaza Mall**  
3<sup>rd</sup> Street  
Santa Rosa  
(707) 526-7554

**Coddington Mall**  
Cleveland Ave.  
Santa Rosa  
(707) 573-0904

**Scandia Family Fun Center**  
Redwood Drive  
Rohnert Park  
(707) 584-1361

## GOLF COURSES

**Rooster Run Golf Club**  
2301 East Washington  
Petaluma  
(707) 778-1289

**Foxtail\***  
100 Golf Course Drive  
Rohnert Park  
(707) 584-7636

**Oakmont Golf Club**  
7025 Oakmont Dr.  
Santa Rosa  
(707) 539-0415

**Adobe Creek\***  
1901 Frates Rd.  
Petaluma  
(707) 765-3011

**Sonoma Mt. Golf Center\***  
Golf Center (driving range)  
6705 Petaluma Hill Rd.  
(across from SSU)

**Petaluma Golf Center**  
200 Stony Point Rd.  
Petaluma (driving range)  
(707) 778-0696



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# EMERGENCY INFORMATION

## CITY OF ROHNERT PARK

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<b>All Emergencies</b> .....	<b>911</b>
Non Emergency Police.....	(707) 584-2650
Campus Police Emergency.....	(707) 664-2911
Campus Police Non-Emergency.....	(707) 664-2143

### LOCAL HOSPITALS

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**Santa Rosa Memorial Hospital**  
1165 Montgomery Dr.  
Santa Rosa  
(707) 546-3210

**Sutter Medical Center**  
3325 Chanate Rd.  
Santa Rosa  
(707) 576-4000

**Rohnert Park  
Healthcare Center**  
1450 Medical Ctr. Dr.  
Rohnert Park  
707) 584-0674

**Kaiser Permanente Medical Center**  
401 Bicentennial Way  
Santa Rosa  
(707) 571-4000

**Petaluma Valley Hospital**  
400 N. McDowell Blvd.  
Petaluma  
(707) 778-1111

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## SSU ATHLETIC FACILITIES

August 2004 marked the opening of the new Student Recreation Center. The new Rec Center is a two-story, 58,000 square foot facility, which includes two basketball courts, volleyball, indoor soccer, a climbing wall, an indoor track, and much more. SSU Gymnasium received a face-lift as a state of the art hardwood floor was installed during the summer of 2001. The main gym has a capacity of 2,000 people. The men's and women's soccer teams compete on the north side of campus at Seawolf Field, which has a capacity of 2,000 people. Other facilities include 12 tennis courts, a fieldhouse, baseball field, softball field, a track and field stadium, and a 25-meter swimming pool.

### Admission Prices

<b>Adults</b> .....	<b>\$6.00</b>
<b>SSU Students w/ID</b> .....	<b>Free</b>
<b>SSU Faculty, Staff, SSU Alumni Association Members w/ID</b> .....	<b>Free</b>
<b>Visiting Students w/ID</b> .....	<b>\$4.00</b>
<b>Senior Citizens</b> .....	<b>\$4.00</b>
<b>Children 12 and under</b> .....	<b>\$2.00</b>

\*NOTE: These admission rates are only applicable to regular season home Seawolf athletic events. Ticket prices are not valid for CCAA play-offs and NCAA sanctioned post-season events.



## PARKING INFORMATION

*\*Note: Parking fees are enforced Monday-Thursday from 6 am to 10 pm and Fridays from 6 am to 5 pm except holidays. All other parking regulations are enforced 7 days a week, 24 hours a day.*

### Visitor Parking

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#### **Official University Guest**

Official guests of the University may obtain a visitor-parking permit at the Parking Information Center or at Police and Safety services. After obtaining the visitor-parking permit, visitors may park in any **non-reserved** parking space or in the special area provided for visitors in the green zone of lot A.

#### **General Public**

Those visitors (other than faculty, staff, or students) who will be on campus no longer than 45 minutes may park without a permit at the posted visitor's parking area at the flagpole. There are various 30-45 minute zones in the parking lot near Police and Safety Services, and parking lot A and E.

#### **Daily Parking Permits**

Spectators attending athletic events at SSU on weekdays will need to purchase a daily parking permit. **Daily parking permits are only valid for the date of purchase.** Permit machines are located in the parking lots and near the Parking Information Center at the flagpole.

Daily Parking permits are valid only in non-reserved parking spaces. If the machine does not operate properly, please contact Police and Safety Services at x42143 if calling from a campus phone or (707) 664-2143. Daily parking permits are \$2.50 and the machines DO NOT give change.

#### **OTHER VALID CSU PARKING DECALS ARE HONORED ON THE SSU CAMPUS.**

#### **Traffic Regulations**

**\*All California Vehicle Code sections are enforced on campus.**

The vehicle speed limit on campus is 25 mph on roads and 15 mph in parking lots (5 mph on access roads).

*\*Note: Please call Police and Safety Services at (707) 664-2143 if you have any questions or concerns about payment of parking citations or to appeal a citation.*



## DIRECTIONS

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For directions to Sonoma State University please visit the following links:

Main Campus Map:

<http://www.sonoma.edu/university/maps/pdf/ssucampus.pdf>

Map from Bay Area Airports:

<http://www.sonoma.edu/university/maps/pdf/sfbaairports.pdf>

Local Area Map:

[http://www.sonoma.edu/university/maps/pdf/rp\\_ssumap.pdf](http://www.sonoma.edu/university/maps/pdf/rp_ssumap.pdf)